## International Society for Vascular Health and Aging (ISVH) Working Group on Diabetes and Metabolic Risk Factors

Under the auspices:

3rd Department of Internal Medicine, School of Medicine, Aristotle University Thessaloniki

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# 2023 International Meeting on Cardiometabolic Diseases, Obesity and Diabetes

# 21-24 September 2023, Chalkidiki, Greece Blue Lagoon Princess Hotel

For further information please visit Site: www.medcongress.gr Or send an e-mail to: info@medcongress.gr



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## **Thursday 21 September**

- 11.00-12.00 REGISTRATIONS
- 12.00-17.00 **ROUND TABLE: NEW INVESTIGATOR PRESENT ON DIABETES** Chairman: Siani A. (Athens, Greece), Skoutas D. (Thessaloniki, Greece), Nikolopoulou P. (Athens, Greece)

Insulin Pump Therapy Sakkas D. (Athens, Greece)

New Technologies in Diabetes Mellitus, Mougaraki E. (Athens, Greece)

**Diabetes Mellitus Treatment Present and Future** *Lagou S.* (Athens, Greece)

Glucagon-like Peptide 1 Receptor Agonists for the Management of Type 2 Diabetes *Karagiannis T.* (Thessaloniki ,Greece)

Effect of GLP-1 Receptor Agonists on Blood Pressure *Liakos A.* (Thessaloniki ,Greece)

The New Dual Gastric Inhibitory Peptide/Glucagon-like Peptide 1 Agonist Tirzepatide in Type 2 Diabetes: Is the Future Bright? *Papachristou S.* (Athens, Greece)

Remission of Type 2 Diabetes and Lifestyle Changes *Koufakis T.* (Thessaloniki , Greece)

#### 17.00-18.00 ROUND TABLE: NEW INVESTIGATOR PRESENT ON PERIPHERAL, CENTRAL BP, AND OBESITY

24h Ambulatory BP and Stiffness. A New Early Vascular Ageing Index From ABPM Antza C. (Thessaloniki, Greece)

Dysmetabolic Iron Overload in Metabolic Syndrome Sachinidis A. (Thessaloniki, Greece)

The Prognostic Value of Arterial Stiffness in Type 2 Diabetes Mellitus and the Effect of Newer Antidiabetic Drug Classes on it *Patoulias D.* (Thessaloniki, Greece)

## Friday 22 September

10.00-11.00 **ROUND TABLE: HOW TO TREAT?** Chairman: *Trakatelli C.* (Thessaloniki, Greece), *Bekiari E.* (Thessaloniki, Greece)

A Patient With an Embolic Stroke of Undetermined Source and a Patent Foramen Ovale *Ntaios G.* (Larissa, Greece)

A 58-year Patient With Obesity, Dyslipidemia and Fatty Liver Disease *Sfikas G.* (Thessaloniki, Greece) Commentator: *Bountouri A.* (Serres, Greece)

11.00-13.00 **ROUND TABLE: HOW TO TREAT?** Chairman: *Hatziagelaki E.* (Athens, Greece), *Kypreos K.* (Patra, Greece)

> A 70-year-old Hypertensive After Acute Stroke Makaritsis K. (Larissa, Greece)

HDL Cholesterol Levels: Critical Player or Irrelevant Bystander? *Kypreos K.* (Patra, Greece)

A Patient 65 Years Old With Type 2 Diabetes and Obesity *Hatziagelaki E.* (Athens, Greece)

A Patient With Type 2 Diabetes and Heart Failure *Trakatelli C.* (Thessaloniki, Greece)

Commentators: *Vasileiou A.* (Thessaloniki, Greece), *Siomos K.* (Thessaloniki, Greece)

13.00-15.30 **ROUND TABLE: HYPERTENSIVE AND DIABETIC NEPHROPATHY** Chairman: *Liakopoulos V.* (Thessaloniki, Greece), *Papagianni A.* (Thessaloniki, Greece)

Slowing the Progression of Diabetic Kidney Disease *Marinaki S.* (Athens, Greece)

Dementia, Stroke and Chronic Kidney Disease - Is There a Link? Dounousi E. (Ioannina, Greece)

Finerenone in Kidney Disease and Type 2 Diabetes Sarafidis P. (Thessaloniki, Greece)

Management of Hypertension in Advanced Kidney Disease Georgianos P. (Thessaloniki, Greece)

Cardiovascular Risk Biomarkers in Patients with Diabetic Kidney Disease Stangou M. (Thessaloniki, Greece) Commentator: Migri F. (Kavala, Greece)

15:30-16:30 THE EMEGRING ROLE OF FATTY LIVER DISEASE IN THE CARDIOVASCULAR DISEASE Chairman: *Kotsis V.* (Thessaloniki, Greece)

> Semaglutide in Nonalcoholic Steatohepatitis S inakos E. (Thessaloniki, Greece)

The Role of PCSK9 in the Pathogenesis of Non-alcoholic Fatty Liver Disease and the Effect of PCSK9 Inhibitors *Theocharidou E.* (Thessaloniki, Greece)

16:30-17:00 HEMATOLOGIC DISORDERS AND CARDIOVASCULAR RISK Chairman: *Kotsis V.* (Thessaloniki, Greece)

> Thrombophilic Mutations in Patients With Unprovoked Thromboembolic Disease Mandala E. (Thessaloniki, Greece)

17:00-18:00 Satellite Symposium of the International Society of Vascular Health and Aging (ISVH) Chairpersons: *Dr. Nebojša Tasić, Dr. Danijela Tasić* 

> Effects of the Metabolic Syndrome on the Arterial System *Dr Nebojša Tasić*

Arterial Siffness in Resistant Hypertension Dr Arman Postadzhiyan

ABPM in CKD patients Dr Ana Jelaković

Hunting the silent killer Dr Bojan Jelaković

Discussion

## 21-24/9/2023 - Chalkidiki, Greece - Blue Lagoon Princess Hotel Saturday 23 September 09.00-10.00 ROUND TABLE: CLINICAL PRACTICE UPDATE Chairman: *Antza C.* (Thessaloniki, Greece) **Extremes in Vascular Aging** Cunha Pedro (Porto, Portugal) Seasonal Changes and Cardiovascular Risk Jelakovic A. (Zagreb, Croatia) Commentators: *Kakaletsis N.* (Thessaloniki, Greece) 10:00-11 :00 CLINICAL PRACTICE UPDATE CARDIOVASCULAR DISEASE Chairman: *Kotsis V.* (Thessaloniki, Greece) Current Update on the Association Between Homocysteine and Cardiovascular Disease *Papadopoulos C.* (Thessaloniki, Greece) Commentators: Kotronis G. (Thessaloniki Greece), Panagos Ch. (Volos, Greece) Boehringer 11:00-12:00 SPONSORED SATELLITE LECTURE BOEHRINGER INGELHEIM (ullu) Ingelheim 12.00-13.00 LECTURES Chairman: *Kitsios K.* (Thessaloniki, Greece) Hypertension in Pregnancy. What's New? Cifkova R. Ambulatory Blood Pressure Monitoring. Where We Stand in 2023 *Parati G.* (Milan, Italy) How to Treat a CKD Patient With Hyperuricemia Borghi C. (Bologna, Italy) Obesity and Microcirculation Agabiti-Rosei Enrico (Brescia, Italy) Particularities of the Metabolic Syndrome in The Young People **Dorobantu M**. (Romania) Commentator: *Markoglou N.* (Thessaloniki Greece) 13:00-13:30 SPONSORED SATELLITE LECTURE KRKA 13.30-14.00 ROUND TABLE: TREATMENT OF DIABETES MELLITUS AND OTHER CARDIOVASCULAR COMORBIDITIES Chairman: **Doumas M.** (Thessaloniki, Greece)

Hypertension and Renal Outcomes in T2D Clinical Trials *Skoutas D.* (Thessaloniki, Greece)

Renovascular Hypertension Triantafyllou A. (Thessaloniki, Greece)

14.00-15.00 **ROUND TABLE: TREATMENT OF DIABETES MELLITES** Chairman: *Papazoglou D.* (Alexandroupoli, Greece)

> Diabetes Mellitus During Pregnancy Goulis D. (Thessaloniki, Greece)

Skin and Musculoskeletal Disorders of Diabetic Neuropathy *Papanas N.* (Thessaloniki, Greece)

T2DM Guidelines in 2023 *Tsapas A.* (Thessaloniki, Greece)

15:00-16:30 ROUND TABLE Chairman: Savopoulos C. (Thessaloniki, Greece)

Is HbA1c an Ideal Biomarker of Well-controlled Diabetes? *Kaiafa G.* (Thessaloniki, Greece)

Prognostic Value of Platelet Activity in Acute Ischemic Stroke *Ztriva E.* (Thessaloniki, Greece)

Digital Medicine in the Prevention of Cardiovascular Diseases: Prospective of VIRTUSAN in this Field *Kanellos I.* (Thessaloniki, Greece)

Coronary Heart Disease, Peripheral Vascular Disease and Cerebrovascular Disease: Similar or Different Entities? *Daios S.* (Thessaloniki, Greece)

Atherosclerotic Complications in COVID-19 Disease Pilalas D. (Thessaloniki, Greece)

Vitamin B12 Supplementation in the Management of Neuropathy in Type 2 Diabetes: New Evidence *Karlafti E.* (Thessaloniki, Greece)

Closed-Loop Artificial Pancreas Therapy for Type 1 Diabetes. Clinical Experience Didangelos T. (Thessaloniki, Greece)

Unstable Carotid Plaque Ultrasound Tegos T. (Thessaloniki, Greece)

16.30-17.00 **ROUND TABLE: HOW TO TREAT** Chairman: *Kotsis V.* (Thessaloniki, Greece)

Seven Countries Study-lesson From the Past Jelaković B. (Zagreb, Croatia)

War and Hypertension Nilsson P. (Malmo, Sweden)

17.00-18.00 SPONSORED SATELLITE LECTURE VIANEX 😌 🗚 MARIN

## Sunday 24 September

- 10:00-10:20 Dual and Triple Combination-based Strategy for Cardiovascular Prevention in Patients With Hypertension Coca A. (Barcelona, Spain)
- 10:20-10:40 Premature Cardiometabolic Ageing in Space Learning From Astronauts for Patients With Cardiovascular Disease Jens Jordan (German)
- 10:40-11:00 Risk Reduction in Cardiovascular Disease in Smokers . An Evidence based Approach Zimlichman R. (Tel Aviv ,Israel)

# Certificate of attendance will be given to the participants that will attend more than 60% of the scientific program

## SPONSORED SATELLITE LECTURES ΔΟΡΥΦΟΡΙΚΕΣ ΔΙΑΛΕΞΕΙΣ

## Saturday 23 September

11:00-12:00	SPONSORED SATELLITE LECTURE BOEHRINGER INGELHEIM Πολυπαραγοντική διαχείριση των Κάρδιο- Νέφρο- Μεταβολικών νοσημάτων. Από την ευγλυκαιμία έως την Προστασία Οργάνων. Πρόεδρος: Βασίλης Κώτσης Ομιλητές: Κίτσιος Κωνσταντίνος "Η Προστασία της Καρδιάς στο Δτ2" Γιώργος Τσιάντας "Η Προστασία των Νεφρών στο Δτ2"
13:00-13:30	SPONSORED SATELLITE LECTURE KRKA Διαχείριση ασθενούs με Καρδιακή Ανεπάρκεια: Ο ρόλοs της μετοπρολόλης παρατεταμένης αποδέσμευσης & της βαλσαρτάνης Εισηγητής: Κυριάκος Δημητριάδης
17.00-18.00	SPONSORED SATELLITE LECTURE VIANEX Υπολειπόμενος καρδιαγγειακός κίνδυνος πέρα από τη θεραπεία με στατίνες: Διερεύνηση του ρόλου του εικοσιπενταενοϊκού αιθυλίου (icosapent ethyl) στην κλινική πράξη Πρόεδρος: Βασίλης Κώτσης
17:00-17:10	Ομιλητές: Υπολειπόμενος Καρδιαγγειακός Κίνδυνος παρά τη βέλτιστη υπολιπιδαιμική αγωγή <i>Βασίλης Κώτσης</i>
17:10-17:30	Υπάρχουν παρεμβάσεις στηριζόμενες σε αποδείξεις; Μελέτη REDUCE ΙΤ και όφελος στον καρδιαγγειακό ασθενή Νίκη Κατσίκη
17:30-17:45	Ποια είναι η θέση του εικοσιπενταενοϊκού αιθυλίου (IPE) στην κλινική πράξη; Ποιοι ασθενείs θα ωφεληθούν; Γεώργιος Γιαννακούλας
17:45-18:00	Συζήτηση-Συμπεράσματα

## FACULTY

• Prof. Agabiti Rosei Enrico, Emeritus Professor of Internal Medicine, University of Brescia, Italy. Past President Italian and European Society of Hypertension

• Dr. Antza Christina, MD, MSc, PhD, Internal Medicine Consultant, 3rd Department of Internal Medicine, Aristotle University of Thessaloniki, (Greece)

• Prof. Bekiari Eleni, Associate Professor of Internal Medicine and Diabetes Aristotle University of Thessaloniki, Thessaloniki, (Greece)

• Bountouri A. (Serres, Greece)

• Prof. Borghi Claudio, Professor of Medicine Department of Medical and Surgical Sciences University of Bologna (Bologna, Italy)

• Cifková Renata, Secretary, ESH Educational Activities Committee

• Prof. Coca Antonio, MD, PhD, EFESC, FRCP, Honorary Professor of Medicine of the University of Barcelona, Spain, Member of the Scientific Council of the ESH

• Prof. **Cunha Pedro**, MD, PhD. Professor in Clinical Medicine at Minho University, Portugal. Secretary General of the Artery Society. Past-President of the Working Group on Hypertension and Brain of the European Society of Hypertension. Centre for the Research and Treatment of Arterial Hypertension, Guimarães, Portugal

• Dr. Daios Stylianos, MD, MSc, PhD(c), First Department of Cardiology, AHEPA University hospital, Thessaloniki(Greece)

• Prof. Didangelos Triantafyllos, MD, PhD, Professor in Internal Medicine-Diabetology Director of the Diabetes Center, 1st Propedeutic Department of Internal Medicine, Medical School, "AHEPA" Hospital, Aristotle University of Thessaloniki, Director of the Postgraduate Educational Program with title: "Novel methods and technological developments in Treatment of Diabetes Mellitus" (Greece)

• Dimitriadis Kyriakos, MD, PhD, FESC, Consultant Interventional Cardiologist, Cardiology Department, Hippokration Hospital

• Prof. Dorobantu Maria, FESC, FACC, Emeritus Professor, University of Medicine and Pharmacy "Carol Davila", Bucharest, Corresponding Member of the Romanian Academy, Associate Member of National Academy of Medicine, France, Member of the Romanian Academy of Medical Sciences, Honorary President of Romanian Society of Hypertension

• Prof. **Doumas Michael**, Associate Professor, Internal Medicine, Aristotle University, (Thessaloniki, Greece)

• Prof. Dounousi Evangelia, Associate Professor of Nephrology University of Ioannina and Director of the Nephrology Department University Hospital of Ioannina, (Greece)

• Prof. Giannakoulas Georgios, Associate Professor of Cardiology A' "AHEPA" University Cardiology Clinic, Thessaloniki (Greece)

 Prof. Georgianos I. Panagiotis, MD, PhD, Assistant Professor of Nephrology, 2nd Department of Nephrology, AHEPA Hospital, Aristotle University of Thessaloniki, Thessaloniki, (Greece)

• Prof. Goulis G. Dimitrios, MD, PhD, Professor in Reproductive Endocrinology, Unit of Reproductive Endocrinology, 1st Department of Obstetrics and Gynecology, Medical School, Aristotle University of Thessaloniki, Greece, President, European Menopause and Andropause Society (2021- 2023), Treasurer, International Society of Andrology (2020-2025) (Thessaloniki, Greece)

• Prof. Hatziagelaki Erifili, Professor of Internal Medicine & Metabolic Diseases, Medical School, National and Kapodistrian University of Athens Greece, Visiting Professor, German Diabetes Center (DDZ) at Heinrich Heine University of Düsseldorf, Germany

• Jelakovic A. M.D. PhD.

• Prof. Jelakovic Bojan, Department of Nephrology, Hypertension, Dialysis and Transplantation, School of Medicine University of Zagreb, Officer-at-large, European Society of Hypertension Excellence Centres Programme, (Zagreb, Croatia)

• Prof. Jens Jordan, M.D., Director of the Institute of Aerospace Medicine, German Aerospace Center and University of Cologne

• Prof. Kaiafa Georgia, Associate Professor of Heamatology, 1st Propedeutic Dept. of Internal Medicine, Aristotle University of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)

• Dr. Kakaletsis Nikolaos , MD, MSc (ESO Stroke Medicine), PhD, Internist, Second Medical Department, Ippokratio General Hospital of Thessaloniki, Postdoctoral Researcher, Medical School, Aristotle University of Thessaloniki, Thessaloniki, (Greece)

• Kalyvinos Avgoustinos, GM/FD Director of Paranesti Health Center, (Drama, Greece)

• Kanellos I.

• Dr. Karagiannis Thomas, MD MSc PhD, Internal Medicine Physician,

Reader, Second Medical Department, Aristotle University Thessaloniki (Greece)

• Dr. Karlafti Eleni, MD, MSc, PhD, Diabetes Specialist, Hypertension Specialist (ESH), Internal Medicine Consultant, Emergency Department of AHEPA University Hospital, Aristotle University of Thessaloniki, (Greece)

• Dr. Katsiki Niki, Doctor of Aristotle School of Medicine University of Thessaloniki , Specialist Pathologist-Diabetologist , Thessaloniki (Greece)

• *Kitsios Konstantinos,* MD Consultant of Internal Medicine-Diabetes, Aristotle University Of Thessaloniki, Third Department Of Internal Medicine, Papageorgiou General Hospital, Thessaloniki, (Greece)

• Kotronis Georgios, Internist - Diabetologist, Department of Internal Medicine, Agios Pavlos General Hospital, (Thessaloniki, Greece)

• Prof. Koufakis Theocharis, MD, PhD, Internist – Diabetologist, Assistant Professor in Internal Medicine , Medical School, Aristotle University Thessaloniki, (Greece)

• Lagou Styliani, MD, MSc, Internal Medicine Consultant, Elpis General Hospital (Athens, Greece)

• Prof. Kypreos E. Kyriakos, Professor of Pharmacology, Chairman of Pharmacology Laboratory, University of Patras School of Health Sciences, Department of Medicine Pharmacology Laboratory Panepistimioupolis (Patra, Greece)

• Lagou Styliani, Md Consultant in Internal Medicine Elpis General Hospital (Athens, Greece)

• Prof. Liakopoulos Vassilios, MD, PhD, FISN Professor of Nephrology, Head of 2nd Department of Nephrology AHEPA University Hospital, Medical School Aristotle University of Thessaloniki (Greece)

• Prof. Liakos Aris, MD MSc PhD, Assistant Professor in Internal Medicine, Second Medical Department, Aristotle University Thessaloniki (Greece)

• Prof. Makaritsis P. Konstantinos, MD, PhD, Professor of Internal Medicine University of Thessaly Medical School Department of Medicine, University Hospital of Larissa (Greece)

• Prof. Mandala Eudokia, MD, PhD, Professor of Hematology, Forth Department of Medicine, Faculty of Medicine, Aristotle University of Thessaloniki, Hippokration General Hospital, Thessaloniki, (Greece)

• Prof. *Marinaki Smaragdi*, Associate Professor of Nephrology, Head of the Clinic of Nephrology and Renal Transplantation NKUA, Medical School of Athens, Laiko General Hospital (Athens, Greece)

• Markoglou Nikolaos, Physician, European Hypertension specialist, (Thessaloniki, Greece)

• Miari Foteini, Consultant Nephrologist at Nephrology Department and Dialysis Unit, General Hospital of Kavala, (Greece)

• Mougaraki Evangelia, Md, Consultant in Internal Medicine Elpis General Hospital (Athens, Greece)

• Nikolopoulou Pinelopi, Biologist, MSc, Ph.D., Medical Affairs Scientist - Pfizer Hellas A.E.

• Prof. Nilsson Peter M., Lund University, (Malmo, Sweden)

• Prof. Ntaios Georgios, Associate Professor of Internal Medicine, University of Thessaly, Greece. President of the Hellenic Stroke Organization (Greece)

• Panagos Christos, MD, Internal Medicine, ESH Member ,Excellence in Lipidology, Director of Anassa Clinic Volos (Greece)

• Papachristou Stella, MSc, PhDc, Internist, 2nd Department of Internal Medicine NIMTS hospital (Athens, Greece)

• Prof. **Papadopoulos Christodoulos**, MD, PhD, FESC, Associate Professor in Cardiology, Aristotle University of Thessaloniki, Honorary Consultant in Cardiology, 3rd Cardiology Department, Hippokration Hospital (Greece)

• Prof. **Papagianni Aikaterini**, MD, PhD, FERA, Professor of Nephrology, Aristotle University of Thessaloniki, Ex Head of the 1st University Department of Nephrology, General Hospital "Hippokratio", Thessaloniki, (Greece)

• Prof. **Papanas Nikolaos**, Professor in Internal Medicine-Diabetes Mellitus, Head Diabetes Centre-Diabetic Foot Clinic, Second Department of Internal Medicine, Democritus University of Thrace, President Diabetic Foot Study Group (DFSG) (Greece)

• Prof. **Papazoglou Dimitrios**, Professor of Internal Medicine, Medical School of Alexandroupolis, (Greece)

• Prof. Parati Gianfranco, MD, FESC, Professor of Cardiovascular Medicine, Department of Medicine and Surgery, University of Milano-Bicocca, Scientific Director and Head of Department of Cardiovascular Neural and Metabolic Sciences, San Luca Hospital, Istituto Auxologico Italiano, IRCCS, (Milan, Italy)

• Dr. Patoulias I. Dimitrios, MD, MSc(res), PhD, FRCP(Lond), National SCOPE Fellow, Internal Medicine Specialist, European Interbalkan Medical Center, Thessaloniki, (Greece)

• Dr. Pilalas Dimitrios, MD PhD, Internist -Fellow in Infectious Diseases, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki (Greece))

• Dr Arman Postadzhiyan, BUL

• Sachinidis Alexandros, Internist - MD, BSc, MSc, PhDc, Hellenic Police - Central Clinic of Thessaloniki (Greece)

• Sakkas Dimitrios, Md, Msc, Consultant in Internal Medicine Elpis General Hospital (Greece)

• Prof. Sarafidis A. Pantelis, MD, MSc, PhD, Associate Professor in Nephrology, School of Medicine, Aristotle University of Thessaloniki, Greece, Honorary Consultant in Nephrology, Department of Nephrology, Hippokration Hospital, Thessaloniki, Greece

• Prof. **Savopoulos Christos**, Professor of Internal Medicine Director of 1st Medical Propedeutic Department of Internal Medicine & Excellence Center of Hypertension & Stroke Unit AHEPA University Hospital (Thessaloniki, Greece)

• Dr. Siani Alexandra, MD, M.Sc., Director of Internal Medicine Clinic and Diabetology Department General Hospital Ellis, (Athens, Greece)

• Prof. Sinakos Emmanouil, Associate Professor in Internal Medicine & Hepatology Aristotle University of Thessaloniki 4th Medical Department, Hippokratio Hospital (Thessaloniki, Greece)

• Dr. Siomos Kyros, MD PhD, Internal medicine specialist Diabetologist Director of TYPET Thessaloniki (Greece)

• Dr. **Sfikas Georgios**, MD PhD, COLONEL (HA), Consultant in Internal Medicine Chief of Lipidology and Atherosclerosis Department 424 General Military Hospital of Thessaloniki (Greece)

• Dr. Skoutas Dimitrios, MD, PhD Internal Medicine Physician - Specialist in Diabetes Mellitus, Private Hospital, Head of Pathological Sector of Rehabilitation Center «Anagennisi», (Thessaloniki, Greece) President of Hellenic Association for the study and education of Diabetes Mellitus

• Prof. Stangou Maria, Associate Professor of Nephrology Aristotle University of Thessaloniki Department of Nephrology Hippokration Hospital (Thessaloniki, Greece)

• Prof **Danijela Tasić**, Associate Professor at Banjaluka Medical school, University of Banjaluka, RS, Head of center for hypertension, Cardiovascular Institute Dedinje Belgrade, Serbia

• Prof. dr **Nebojša Tasić**, President ISVH, Professor at Medical school, University of Belgrade, Assistant Director, Cardiovascular Institute Dedinje Belgrade, Serbia

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• Theocharidou Eleni, Assistant Professor of Gastroenterology Aristotle University of Thessaloniki

• Prof. Trakatelli Christina, MD, PhD, Assistant professor Internal Medicine 3rd department of Internal Medicine Papageorgiou hospital (Greece)

• Prof. Triantafyllou Areti, Assistant Professor of Internal Medicine, 3rd Clinic of Internal Medicine Papageorgiou General Hospital, AristotleUniversity of Thessaloniki, (Greece)

• Prof. **Tsapas Apostolos**, MD, PhD, MSc (Oxon) Professor of Medicine and Diabetes Director, Second Medical Department Head, Diabetes Centre, Ippokrateio Hospital Thessaloniki Aristotle University Thessaloniki (Greece)

• **Tsiantas Georgios**, Internist Diabetologist Director of second Department of internal medicine 424 Military Hospital Thessaloniki (Greece)

• Vasileiou Aikaterini-Maria, MD, Director, Internist-Diabetologist, Internal Medicine Department, General Hospital of Pella, Unit Giannitsa (Greece)

• Zimlichman Reuven, Director of the Brunner Institute for Cardiovascular Research Sackler Faculty of Medicine, Tel-Aviv University, Tel Aviv Israel

• **Ztriva Eleftheria**, Internist 1st Medical Propedeutic Department of Internal Medicine, AHEPA University Hospital (Thessaloniki, Greece)









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